

## THREE WEEK MENU

AUTUMN/WINTER 2022 V2 (8.12.22)



YOUR
FAVOURITES
AVAILABLE
EVERY DAY



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**AUTUMN/WINTER** 

W/C: 31/10/, 21/ 11, 12/12, 02/01, 23/01, 13/02, 06/03, 27/03.







**MONDAY** 

**TUESDAY** 

Macaroni Cheese V

Mild Bean Chilli 💟 😽

**WEDNESDAY** 

**Roast Turkey with Gravy** 

Served with Mashed Potatoes

**Sweet Potato & Chickpea Roast** 

Served with Mashed Potatoes

With Gravy V 😽

**THURSDAY** 

Beef Bolognese 🤲

Pasta 🕍

Cheese & Tomato Pizza 🕥

Served with Herby Diced

Potatoes

**Yoghurt** 

Served with Wholemeal

**FRIDAY** 

**Breaded Fish Fingers** 

Served with Chips and Tomato

Ketchup

Served with Chips and Tomato

Ketchup

**Jacket Potato with Grated** 

**Baked Beans** 

Cheese V

Quorn Dippers V

**Hot Main Dish Vegetarian Dish Alternative Dish** Vegetables

Dessert

Served with Mashed Potato **Butternut Squash & Chickpea** Curry V 🦠 Served with Wholegrain Rice **Jacket Potato with Salmon** Mayonnaise 🖄

Sweetcorn

Carrot Cake

**Pork Sausages with Gravy** 

**Jacket Potato with Veggie** Bolognese 🚺 **Baby Carrots** 

**Chocolate Cookie** 

Served with Wholegrain Rice

**Jacket Potato with Grated** Cheese **Mixed Vegetables** 

Fruit Muffin

**Jacket Potato with Baked** Beans (V)

**Garden Peas** 

Raspberry Slice





Place meal orders at www.dorset.mealselector.co.uk or Contact us at BPDadmin@compass-group.co.uk

For Allergen Information please visit www.dorset.mealselector.co.uk For Medical Dietary requirements, please contact BPDadmin@compass-group.co.uk















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**AUTUMN/WINTER** 

W/C: 07/11, 28/11, 19/12, 09/01, 30/01, 20/02, 13/03.







**MONDAY** 

**TUESDAY** 

**WEDNESDAY** 

**THURSDAY** 

**FRIDAY** 

**Hot Main Dish** 

Chicken Korma Served with Wholegrain

Rice 🕍

Served with Wholegrain

**Beef Bolognese** 

**Roast Gammon with Gravy** 

Served with Mashed Potato

Beef Burger in a Bun

Served with Herby **Diced Potatoes** 

**Breaded Fish Fingers** 

Served with Mashed Potatoes and Tomato Ketchup

**Vegetarian Dish** 

Quorn Sausages with Gravy V

Cheese & Tomato Pizza 💟

Pasta 🕍

Served with Chips

**Jacket Potato with Baked** 

Beans 🚺 🙌

**Sweet Potato & Chickpea** Roast with Gravy V

Served with Mashed Potato

**Jacket Potato with Tuna** 

Mayonnaise

**Mixed Vegetables** 

Mild Bean Chilli 🕜 😽

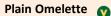
Served with Wholegrain

Rice

**Jacket Potato with Grated** 

Cheese V

Sweetcorn



Served with Mashed Potatoes and Tomato Ketchup

**Jacket Potato with Veggie** Bolognese 🕜 🔊







Vegetables

Dessert

**Alternative Dish** 

**Garden Peas** 

Served with Mashed Potato

**Jacket Potato with Grated** 

Cheese V

Banana & Apple Muffin

**Chocolate Shortbread** 

**Baby Carrots** 

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**Honey & Raisin Cookie** 

Yoghurt

Berry Muffin





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**AUTUMN/WINTER** 

W/C: 14/11, 05/12, 26/12, 16/01, 06/02, 27/02, 20/03.







**MONDAY** 

**TUESDAY** 

**WEDNESDAY** 

**THURSDAY** 

**FRIDAY** 

**Hot Main Dish** 

**Vegetarian Dish** 

Served with Wholegrain Rice 🐲

Chicken Tikka Masala

Chickpea & Potato Curry V

Served with Wholegrain Rice

**Jacket Potato with Baked** 

Beans V

**Alternative Dish** 

Vegetables

Dessert

**Pork Sausages with Gravy** 

Served with Mashed Potato

Cheese & Tomato Pasta

**Jacket Potato with Grated** Cheese V

**Garden Peas Baby Carrots** 

Banana Marble Cake 👸 **Gingerbread Cookie**  **Roast Beef with Gravy** 

Served with Roast Potatoes

Quorn Sausages with Gravy V

Served with Roast Potatoes

**Jacket Potato with Baked** Beans V

**Mixed Vegetables** 

Carrot Cake

**Cheese & Tomato Pizza** 

Served with Wholegrain Rice 🥞

Chickpea Curry 💟 😽

**Butternut Squash &** 

Jacket Potato with **Tuna Mayonnaise** 

**Garden Peas & Sweetcorn** 

Yoghurt

**Breaded Fish Fingers** 

Served with Chips and Tomato Ketchup

Quorn Burger in a Bun V



Served with Chips and Tomato Ketchup

**Jacket Potato with Grated** Cheese V

**Baked Beans** 

**Chocolate Orange Brownie** 





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