

THREE WEEK MENU

AUTUMN/WINTER 2022 V2
(8.12.22)

OUR NEW
MENU CHOSEN
BY PARENTS
AND CHILDREN



YOUR
FAVOURITES
AVAILABLE
EVERY DAY



WEEK 1 MENU

W/C: 31/10/, 21/ 11, 12/12, 02/01, 23/01,
13/02, 06/03, 27/03.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AUTUMN/WINTER 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Pork Sausages with Gravy Served with Mashed Potato	Macaroni Cheese	Roast Turkey with Gravy Served with Mashed Potatoes	Beef Bolognese	Breaded Fish Fingers Served with Chips and Tomato Ketchup
Vegetarian Dish	Butternut Squash & Chickpea Curry Served with Wholegrain Rice	Mild Bean Chilli Served with Wholegrain Rice	Sweet Potato & Chickpea Roast With Gravy Served with Mashed Potatoes	Cheese & Tomato Pizza Served with Herby Diced Potatoes	Quorn Dippers Served with Chips and Tomato Ketchup
Alternative Dish	Jacket Potato with Salmon Mayonnaise	Jacket Potato with Veggie Bolognese	Jacket Potato with Grated Cheese	Jacket Potato with Baked Beans	Jacket Potato with Grated Cheese
Vegetables	Sweetcorn	Baby Carrots	Mixed Vegetables	Garden Peas	Baked Beans
Dessert	Carrot Cake	Chocolate Cookie	Fruit Muffin	Yoghurt	Raspberry Slice

Place meal orders at
www.dorset.mealselector.co.uk or
Contact us at
BPDadmin@compass-group.co.uk

For Allergen Information please visit
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For Medical Dietary requirements,
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Vegetarian Oily fish Wholegrain Fruity! Nutritionist's choice

WEEK 2 MENU

W/C: 07/11, 28/11, 19/12, 09/01, 30/01, 20/02, 13/03.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AUTUMN/WINTER 2022

Hot Main Dish	Chicken Korma Served with Wholegrain Rice	Beef Bolognese Served with Wholegrain Pasta	Roast Gammon with Gravy Served with Mashed Potato	Beef Burger in a Bun Served with Herby Diced Potatoes	Breaded Fish Fingers Served with Mashed Potatoes and Tomato Ketchup
Vegetarian Dish	Quorn Sausages with Gravy Served with Mashed Potato	Cheese & Tomato Pizza Served with Chips	Sweet Potato & Chickpea Roast with Gravy Served with Mashed Potato	Mild Bean Chilli Served with Wholegrain Rice	Plain Omelette Served with Mashed Potatoes and Tomato Ketchup
Alternative Dish	Jacket Potato with Grated Cheese	Jacket Potato with Baked Beans	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Grated Cheese	Jacket Potato with Veggie Bolognese
Vegetables	Garden Peas	Baby Carrots	Mixed Vegetables	Sweetcorn	Garden Peas
Dessert	Banana & Apple Muffin	Chocolate Shortbread	Honey & Raisin Cookie	Yoghurt	Berry Muffin

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WEEK 3 MENU

W/C: 14/11, 05/12, 26/12, 16/01, 06/02, 27/02, 20/03.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AUTUMN/WINTER 2022

Hot Main Dish	Chicken Tikka Masala Served with Wholegrain Rice	Pork Sausages with Gravy Served with Mashed Potato	Roast Beef with Gravy Served with Roast Potatoes	Cheese & Tomato Pizza	Breaded Fish Fingers Served with Chips and Tomato Ketchup
Vegetarian Dish	Chickpea & Potato Curry Served with Wholegrain Rice	Cheese & Tomato Pasta	Quorn Sausages with Gravy Served with Roast Potatoes	Butternut Squash & Chickpea Curry Served with Wholegrain Rice	Quorn Burger in a Bun Served with Chips and Tomato Ketchup
Alternative Dish	Jacket Potato with Baked Beans	Jacket Potato with Grated Cheese	Jacket Potato with Baked Beans	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Grated Cheese
Vegetables	Garden Peas	Baby Carrots	Mixed Vegetables	Garden Peas & Sweetcorn	Baked Beans
Dessert	Banana Marble Cake	Gingerbread Cookie	Carrot Cake	Yoghurt	Chocolate Orange Brownie

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