











































ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Steamed Wholegrain Rice														
Ingredients: Lid Foil Good2Go, Foil Deep Good2Go, Rice Long Grain Brown Veetee 5KG, Water Cold 1L														















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CPUH JACKET WITH TUNA MAYO				✓	✓				✓					✓
Ingredients: Potato Baking 80s 15KG, Lid Foil Good2Go, Sauce Mayonnaise Light Heinz 5L (Eggs, Mustard), Tuna Chunks in Brine 3.1KG (Fish, Sulphur D02/Sulphites), Foil Deep Good2Go, Spread Sunflower Dish Brakes														















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CPUH CHOTA NAAN		✓ Wheat					✓							
Ingredients: Bread Naan Chota Plain 40g (Milk, Wheat)														















Allergy Advice:

- Ingredients highlighted in bold or annotated with ✓ are allergens that are present in this product
- **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food
- Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen

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CPUH CHICK PEA & VEGETABLE CURRY														
Ingredients: Onion Pk 25KG, Spice Ginger Ground Brakes 450g, Spice Turmeric Ground Brakes 550g, Pepper Diced Green Red Yellow 2.5KG, Oil Rapeseed Extended Life B/B 20L, Chick Peas 2.5KG, Paste Tomato 800g, Container Foil Good2Go Shallow 9X9, Lid Foil Good2Go, Cornflour Brakes 3KG, Tomatoes Chopped Canned Riverdene 2.5KG, Garlic Powder Lion Brakes 550g, Spices Garam Masala Powder Brakes 450g, Carrots Diced 2.5KG, Cauliflower 2.5KG, Lentils Red George Harker 3KG														

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CPUA CREAMY CHICKEN WITH SWEETCORN		✓ Wheat					✓							✓
Ingredients: Bouillion Powder Veg Knorr Essential 3KG, Puree Garlic Chefs Speciality 1KG (Sulphur D02/Sulphites), Puree Garlic KG, Lid Foil Good2Go, Sweetcorn Standard 2.5KG, Foil Deep Good2Go, Water Cold 1L, Oil Rapeseed Extended Life B/B 20L, Veg Onion Diced 2.5KG, Chicken Thigh Diced RT 2.5KG, Sauce Bechamel 20KG (Milk, Wheat), Cheese Cheddar Grated Mild White 1KG (Milk)														

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CPUD CARROTS BABY														
Ingredients: Carrots Baby in Steam Bags														

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