





























ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
HAM SANDWICH PRIMARY (279 kcal, 1167 kJ)		MC Barley ✓ Wheat					✓					MC	✓	

INGREDIENTS: Sliced Wholemeal Bread ; Wholemeal (**Wheat**) Flour Water Salt (**Wheat**) Flour (With Calcium Iron Niacin Thiamin) Palm Oil Yeast Emulsifiers (Mono- And Di-Acetyl Tartaric Acid Esters Of Mono- And Di-Glycerides Of Fatty Acids Mono- And Di-Glycerides Of Fatty Acids) Preservative (Calcium Propionate) (**Soya**) Flour Spirit Vinegar Flour Treatment Agent(Ascorbic Acid). Ham ; Pork (70%) Water Salt Potato Starch Dextrose Stabilisers (E407 E450 E451) Antioxidant (E301) Preservative (E250). Buttery Spread ; Rapeseed Oil Palm Oil Water Reconstituted (**Buttermilk**) 3% Salt (1.5%) Emulsifier, Mono And Di Glyceride Of Fatty Acids. Stabiliser, Sodium Alginate. Preservative, Potassium Sorbate. Vitamin A & D Flavouring Colour, Carotenes. Flavouring - Natural Colour - Natural.

Allergen advice For allergens including Cereals containing Gluten see ingredients in **bold**

May Also Contain Sesame Barley.

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
YOGHURT FRUBE PRI (41 kcal, 171 kJ)							✓							















INGREDIENTS: Frubes Strawberry Peach & Red Berry ; Skimmed (**Milk**) Sugar 7.1% Cream (**Milk**) Skimmed (**Milk**) Powder Modified Manioc And Maize Starch Calcium Citrate Natural Flavourings Stabiliser, Guar Gum Acid, Citric Acid Preservative, Potassium Sorbate Lactic Cultures (**Milk**) Vitamin D.

Allergen advice For allergens including Cereals containing Gluten see ingredients in **bold**.

Allergen and Nutrition Advice:












- Ingredients highlighted in bold or annotated with ✓ are allergens that are present in this product
- **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food. Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen
- Adults need around 2000 kcal a day

ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
CPUD ORANGE (PL)														

INGREDIENTS: Orange Easy Peeler ; Easy Peelers.

Allergen advice For allergens including Cereals containing Gluten see ingredients in **bold**.

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
SALAD CUCUMBER PRI														















INGREDIENTS: Cucumber ; Cucumber (100%).

Allergen advice For allergens including Cereals containing Gluten see ingredients in **bold**.

Allergen and Nutrition Advice:















- Ingredients highlighted in bold or annotated with ✓ are allergens that are present in this product
- **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food. Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen
- Adults need around 2000 kcal a day

ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
CPUD GF Ham & Salad Sandwich									✓					

INGREDIENTS: Ham ; Pork (70%) Water Salt Potato Starch Dextrose Stabilisers (E407 E450 E451) Antioxidant (E301) Preservative (E250). Catering Salad Mix ; Escarole Pain Du Secre Radicchio Endive Red Multileaf Rocket Spinach Baby Red. Gluten Free White Loaf ; Water Corn Starch Potato Starch Tapioca Starch White Rice Flour Rapeseed Oil Humectant(Glycerol) Psyllium Husk (**Mustard**) Thickening Agents (Xanthan Gum Cellulose Hydroxypropyl Methylcellulose Agar Agar Carboxy Methylcellulose) Buckwheat Flour Yeast Emulsifier(Mono & Diglycerides Of Fatty Acids) Sugar Rice Bran Apple Juice Concentrate Pea Protein Sourdough (Fermented Quinoa Rice And Maize Flour) Bamboo Fibre Salt Cultured Dextrose Anticaking Agent(Calcium Sulphate<10ppm) Acids (Citric Acid Malic Acid Tartaric Acid) Flour Treatment Agent (Ascorbic Acid).

Allergen advice For allergens including Cereals containing Gluten see ingredients in **bold**.

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
EGG MAYONNAISE BAGUETTE PRIMARY (296 kcal,1239 kJ)		✓ Wheat		✓										

INGREDIENTS: Big Foot White Deli Sub Roll ; (**Wheat**) Flour (With Calcium Iron Niacin Thiamin) Water Vegetable Oils (Palm Oil Rapeseed Oil) Yeast Semolina (**Wheat**) Glucose Salt Emulsifiers (Mono-And Di-Glycerides Of Fatty Acids Sodium Stearoyl-2-Lactylate) Flour Treatment Agent (Ascorbic Acid). 15 Dozen Medium Free Range (**Eggs**) ; Free Range Medium (**Eggs**). Lite Mayonnaise ; Water Rapeseed Oil Sugar Spirit Vinegar Stabilisers(Modified Maize Starch Xanthan Gum) (**Egg**) Yolk Powder (1.5%) Salt Acidity Regulators (Acetic Acid Lactic Acid) Preservative(Potassium Sorbate) Colour(Mixed Carotenoids).

Allergen advice For allergens including Cereals containing Gluten see ingredients in **bold**.

Allergen and Nutrition Advice:

- Ingredients highlighted in bold or annotated with ✓ are allergens that are present in this product
- **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food. Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen
- Adults need around 2000 kcal a day