




























# ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
CPUD ORANGE (PL)														

INGREDIENTS: Orange Easy Peeler ; Easy Peelers.

**Allergen advice** For allergens including Cereals containing Gluten see ingredients in **bold**.

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CYG RASPBERRY SLICE		✓ Wheat		✓			✓							















INGREDIENTS: Raspberry Cake Slice 50% Fruit ; **(Wheat)** Flour (With Calcium Iron Niacin Thiamine) Sugar Bulking Agent (Polydextrose) Whole **(Egg)**powder Humectant (Sorbitol) Modified Starch (Maize) **(Wheat)** Starch **(Wheat)** Fibre Dextrose Dried **(Egg)** White Raising Agents (Disodium Diphosphate Sodium Bicarbonate) Emulsifier (E471) Salt Stabiliser (Xanthan Gum) Enzyme Whey Solids **(Milk)**. Pear Juice (Water Sugar) Raspberry Rapeseed Oil Antifoaming Agent (E900) Apple Citric Acid Preservative (E202 E282) Lemon Juice Concentrate Beetroot Spice Extract Natural Raspberry Flavouring.

**Allergen advice** For allergens including Cereals containing Gluten see ingredients in **bold**.

## Allergen and Nutrition Advice:















- Ingredients highlighted in bold or annotated with ✓ are allergens that are present in this product
- **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food. Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen
- Adults need around 2000 kcal a day

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SALAD CUCUMBER PRI														

INGREDIENTS: Cucumber ; Cucumber (100%).

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CHICKEN MAYO BAGUETTE SMALL PRI (349 kcal,1460 kJ)		✓ Wheat		✓										















INGREDIENTS: Big Foot White Deli Sub Roll ; **(Wheat)** Flour (With Calcium Iron Niacin Thiamin) Water Vegetable Oils (Palm Oil Rapeseed Oil) Yeast Semolina **(Wheat)** Glucose Salt Emulsifiers (Mono-And Di-Glycerides Of Fatty Acids Sodium Stearoyl-2-Lactylate) Flour Treatment Agent (Ascorbic Acid). Chicken Thigh ; Chicken. Lite Mayonnaise ; Water Rapeseed Oil Sugar Spirit Vinegar Stabilisers(Modified Maize Starch Xanthan Gum) **(Egg)** Yolk Powder (1.5%) Salt Acidity Regulators (Acetic Acid Lactic Acid) Preservative(Potassium Sorbate) Colour(Mixed Carotenoids). Iceberg Lettuce.

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CPUD GF CREAM CHEESE CUCUMBER SANDWICH							✓		✓					

INGREDIENTS: Gluten Free White Loaf ; Water Corn Starch Potato Starch Tapioca Starch White Rice Flour Rapeseed Oil Humectant(Glycerol) Psyllium Husk (**Mustard**) Thickening Agents (Xanthan Gum Cellulose Hydroxypropyl Methylcellulose Agar Agar Carboxy Methylcellulose) Buckwheat Flour Yeast Emulsifier(Mono & Diglycerides Of Fatty Acids) Sugar Rice Bran Apple Juice Concentrate Pea Protein Sourdough (Fermented Quinoa Rice And Maize Flour) Bamboo Fibre Salt Cultured Dextrose Anticaking Agent( Calcium Sulphate<10ppm) Acids (Citric Acid Malic Acid Tartaric Acid) Flour Treatment Agent (Ascorbic Acid). Seeded Gluten Free Brown Seeded Brown Roll ; Gluten Free Brown Seeded Rolls. Soft Cheese ; Skimmed (**Milk**) Cream (**Milk**) Salt Native Starch. Cucumber ; Cucumber (100%).

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CREAM CHEESE AND CUCUMBER SANDWICH (214 kcal,897 kJ)		<b>MC</b> Barley ✓ Wheat					✓					<b>MC</b>	✓	

INGREDIENTS: Sliced White Bread ; (**Wheat**) Flour (With Calcium Iron Niacin Thiamin) Water Palm Oil Salt Yeast Emulsifier (Mono- And Di-Acetyl Tartaric Acid Esters Of Mono- And Di-Glycerides Of Fatty Acids) Spirit Vinegar (**Soya**) Flour Preservative (Calcium Propionate) Flour Treatment Agent (Ascorbic Acid). American Style Reduced Fat Soft Cheese ; Skimmed (**Milk**) Cream (**Milk**) Salt. Cucumber ; Cucumber (100%).

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May Also Contain Sesame Barley.

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