

ALLERGEN CARD

Recipe	Allergens													
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
CPUH Marinated Mexican Chicken Estofado	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Ingredients: Onion Pk 25KG, Pepper Mixed Catering PK 5KG, Chicken Thigh Diced Prime Meat 2.27KG, Herb Bunched Coriander BB 100g, Seasoning Fajita Discovery 650g, Garlic Greens Chopped 250g, Oil Rapeseed B/B 20L, Vegetable Bouillon Powder Chefs Pass 800g, Tomatoes Chopped Canned Riverdene 2.5KG, Beans Kidney Red In Water 2.5KG, Sweetcorn Standard 2.5KG														

Recipe	Allergens													
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
CPUH BROWN RICE	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Ingredients: Lid Foil Good2Go, Foil Deep Good2Go, Water Cold 1L, Bay Leaves Brakes 50g, Rice Easy Cook Brown 5KG														

Recipe	Allergens													
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Sweetcorn	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Ingredients: Sweetcorn Standard 2.5KG														

Allergen information is compiled using data from our approved suppliers. Whilst every care has been taken to ensure that cross contamination is minimal with regard to our kitchen processes and ingredients, such instances may arise, due to the nature of food preparation, which could alter the accuracy of the allergen information provided. We would therefore recommend that you do not rely solely on this information

ALLERGEN CARD

Recipe	Allergens													
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
CPUD 6" TORTILLA	✘	✔ Wheat	✘	✘	✘	✘	✘	✘	✘	✘	✘	✘	✘	✘
	Ingredients: Tortilla Flour 6in (Wheat)													

Allergen information is compiled using data from our approved suppliers. Whilst every care has been taken to ensure that cross contamination is minimal with regard to our kitchen processes and ingredients, such instances may arise, due to the nature of food preparation, which could alter the accuracy of the allergen information provided. We would therefore recommend that you do not rely solely on this information

ALLERGEN CARD

Recipe	Allergens													
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
CPUH TOMATO VEGETABLE HERBY PASTA	✗	✔ Wheat	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✔
Ingredients: Cornflour Brakes 3KG, Puree Garlic Chefs Speciality 1KG (Sulphur D02/Sulphites), Lid Foil Good2Go, Foil Deep Good2Go, Sauce Tomato Rich Rustic Maggi Can 3KG, Water Cold 1L, Veg Mediterranean Roasted Medley 1KG, Tomatoes Chopped Canned Riverdene 2.5KG, Tomato Puree Caterers Choice 800g, Lentils Red George Harker 3KG, Onions Diced 10mm 2.5KG, Herb Basil Rubbed Brakes 175g, Veg Peppers 3Colours Diced Pinguin 2.5KG, Pasta Elbow Macaroni IQF 15KG (Wheat), Carrots Diced 2.5KG														
Recipe	Allergens													
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Sweetcorn	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Ingredients: Sweetcorn Standard 2.5KG														

Allergen information is compiled using data from our approved suppliers. Whilst every care has been taken to ensure that cross contamination is minimal with regard to our kitchen processes and ingredients, such instances may arise, due to the nature of food preparation, which could alter the accuracy of the allergen information provided. We would therefore recommend that you do not rely solely on this information

ALLERGEN CARD

Recipe	Allergens													
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
CPUH JACKET POTATOES WITH HOOPS	✗	✔ Wheat	✗	✗	✗	✗	✔	✗	✗	✗	✗	✗	✗	✗
Ingredients: Margarine Spread Flora Portion 10g (Milk), Potato Baking 80s 15KG, Spaghetti Hoops Wholewheat TSauce 2.62KG (Wheat), Spread Portions Mini Kerrymaid 10g 96s (Milk)														

Recipe	Allergens													
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Sweetcorn	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Ingredients: Sweetcorn Standard 2.5KG														

Allergen information is compiled using data from our approved suppliers. Whilst every care has been taken to ensure that cross contamination is minimal with regard to our kitchen processes and ingredients, such instances may arise, due to the nature of food preparation, which could alter the accuracy of the allergen information provided. We would therefore recommend that you do not rely solely on this information

ALLERGEN CARD

Recipe	Allergens													
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
CPUH BERRIES FLAPJACK	✗	✓ Kamut ✓ Oats	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗

Ingredients: Water Cold 1L, Cereal Oats Mornflake Brakes 12.5KG (**Kamut**), Mix Flapjack Middleton 12.5KG (**Oats**), Foil Deep Good2Go, Lid Foil Good2Go, Cranberries Dried 1KG

Allergen information is compiled using data from our approved suppliers. Whilst every care has been taken to ensure that cross contamination is minimal with regard to our kitchen processes and ingredients, such instances may arise, due to the nature of food preparation, which could alter the accuracy of the allergen information provided. We would therefore recommend that you do not rely solely on this information