

ALLERGEN CARD

Recipe	Allergens													
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Steamed Wholegrain Rice	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Ingredients: Lid Foil Good2Go, Foil Deep Good2Go, Rice Long Grain Brown Veetee 5KG, Water Cold 1L														

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CPUA CHEESY CHICKEN WITH SWEET CORN	✗	✔ Wheat	✗	✗	✗	✗	✔	✗	✗	✗	✗	✗	✗	✔
Ingredients: Bouillion Powder Veg Knorr Essential 3KG, Puree Garlic Chefs Speciality 1KG (Sulphur D02/Sulphites), Lid Foil Good2Go, Sweetcorn Standard 2.5KG, Foil Deep Good2Go, Water Cold 1L, Oil Rapeseed Extended Life B/B 20L, Veg Onion Diced 2.5KG, Chicken Thigh Diced RT 2.5KG, Sauce Bechamel 20KG (Milk, Wheat), Cheese Cheddar Grated Mild White 1KG (Milk)														

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CPUH YOGHURT STRAWBERRY	✗	✗	✗	✗	✗	✗	✔	✗	✗	✗	✗	✗	✗	✗
Ingredients: Yoghurt Strawberry Low Fat Bulk 4.6L (Milk)														

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Custard Mix - Ind Prep	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	✗	✗	✗
Ingredients: Water Cold 1L, Mix Custard Reduced Sugar Bag 3KG (Milk)														
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CPUH GINGER AND ORANGE CAKE PRI	✗	✓ Wheat	✗	✓	✗	✗	✓	✗	✗	✗	✗	✗	✓	✗
Ingredients: Ginger Premium 300g, Orange Medium Premium, Fruit Dried Sultanas 2KG, Spice Mixed Ground Brakes 450g, Mix Madeira Genoese Middleton 12.5KG (Eggs, Milk, Soybeans, Wheat)														
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Peas	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Ingredients: Veg Peas Garden Catering Penguin 2.5KG														

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CPUH JACKET WITH TUNA MAYO	✗	✗	✗	✓	✓	✗	✗	✗	✓	✗	✗	✗	✗	✓
Ingredients: Potato Baking 80s 15KG, Lid Foil Good2Go, Sauce Mayonnaise Light Heinz 5L (Eggs, Mustard), Tuna In Brine Skipjack Pouch 3.1KG (Fish), Tuna Chunks in Brine 3.1KG (Fish, Sulphur D02/Sulphites), Foil Deep Good2Go, Spread Sunflower Dish Brakes														
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CPUH JACKET POTATOES WITH BAKED BEANS	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Ingredients: Potato Baking 80s 15KG, Beans Baked NAS Vegan Heinz 2.62KG, Spread Sunflower Dish Brakes														
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CPUH CHOTA NAAN	✗	✓ Wheat	✗	✗	✗	✗	✓	✗	✗	✗	✗	✗	✗	✗
Ingredients: Bread Naan Chota Plain 40g (Milk, Wheat)														

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CPUH CHICK PEA & VEGETABLE CURRY	✗	<ul style="list-style-type: none"> ✓ Barley ✓ Kamut ✓ Oats ✓ Rye ✓ Spelt ✓ Wheat 	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Ingredients: Onion Pk 25KG, Spice Ginger Ground Brakes 450g, Spice Turmeric Ground Brakes 550g, Pepper Diced Green Red Yellow 2.5KG, Oil Rapeseed Extended Life B/B 20L, Chick Peas 2.5KG, Tomato Puree Caterers Choice 800g, Paste Tomato 800g, Container Foil Good2Go Shallow 9X9, Lid Foil Good2Go, Cornflour Brakes 3KG, Tomato Chopped Caterers Choice 2.55KG, Tomatoes Chopped Canned Riverdene 2.5KG, Garlic Powder Lion Brakes 550g, Spices Garam Masala Powder Brakes 450g, Coriander Ground Brakes 450g (Barley, Kamut, Oats, Rye, Spelt, Wheat), Carrots Diced 2.5KG, Cauliflower 2.5KG, Lentils Red George Harker 3KG														

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