

ALLERGEN CARD

Recipe	Allergens													
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
CPUH BROWN RICE	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Ingredients: Lid Foil Good2Go, Foil Deep Good2Go, Water Cold 1L, Bay Leaves Brakes 50g, Rice Long Grain Brown Veetee 5KG														

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CPUH BABY CARROT	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Ingredients: Carrots Baby Cut 14/18 2.5KG														

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CPUH YOGHURT STRAWBERRY	✗	✗	✗	✗	✗	✗	✔	✗	✗	✗	✗	✗	✗	✗
Ingredients: Yoghurt Strawberry Low Fat Bulk 4.6L (Milk)														

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CPUA SEASONAL FRUIT	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Ingredients: Orange Small 15KG, Apple Red Premium 18KG, Banana Fairtrade 17KG														

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Custard Mix - Ind Prep	✗	✗	✗	✗	✗	✗	✔	✗	✗	✗	✗	✗	✗	✗
Ingredients: Water Cold 1L, Mix Custard Reduced Sugar Bag 3KG (Milk)														

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JACKET POTATO WITH BAKED BEANS PRIMARY	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Ingredients: Potato Baking 80s 15KG, Beans Baked NAS Vegan Heinz 2.62KG														

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CPUH 3 BEAN CHILLI	✗	✔ Barley ✔ Kamut ✔ Oats ✔ Rye ✔ Spelt ✔ Wheat	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✔
Ingredients: Puree Garlic Chefs Speciality 1KG (Sulphur D02/Sulphites), Beans Kidney Red In Water 2.5KG, Lid Foil Good2Go, Foil Deep Good2Go, Salad Five Bean St Nicholas 800g, Tomato Chopped Caterers Choice 2.55KG, Tomatoes Chopped Canned Riverdene 2.5KG, Tomato Puree Caterers Choice 800g, Paste Tomato 800g, Spices Cumin Ground Brakes 450g (Barley, Kamut, Oats, Rye, Spelt, Wheat), Coriander Ground Brakes 450g (Barley, Kamut, Oats, Rye, Spelt, Wheat), Oil Rapeseed Extended Life B/B 20L, Veg Onion Diced 2.5KG, Spice Chilli Powder Hot Brakes 500g														

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CPUH CHICKEN MAKHANI CURRY	✗	✓ Barley ✓ Kamut ✓ Oats ✓ Rye ✓ Spelt ✓ Wheat	✗	✗	✗	✗	✓	✗	✓	✗	✗	✗	✗	✓
Ingredients: Spice Cinnamon Ground Brakes 450g, Puree Garlic Chefs Speciality 1KG (Sulphur D02/Sulphites), Lid Foil Good2Go, Chicken Thigh Diced RT 2.5KG, Foil Deep Good2Go, Spice Ginger Ground Brakes 450g, Herb Bunched Coriander BB 100g, Tomato Chopped Caterers Choice 2.55KG, Tomatoes Chopped Canned Riverdene 2.5KG, Tomato Puree Caterers Choice 800g, Paste Tomato 800g, Spices Paprika Pepper Brakes 500g, Spices Garam Masala Powder Brakes 450g, Coriander Ground Brakes 450g (Barley, Kamut, Oats, Rye, Spelt, Wheat), Oil Rapeseed Extended Life B/B 20L, Veg Onion Diced 2.5KG, Yoghurt Natural Low Fat Catering 4.6L (Milk), Paste Korma Chefs Speciality 1.1KG (Mustard)														

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CPUH CHOCOLATE SPONGE WITH ORANGE 50%	✗	✓ Wheat	✗	✓	✗	✗	✓	✗	✗	✗	✗	✗	✓	✗
Ingredients: Foil Deep Good2Go, Lid For Foil Good2Go, Powder Baking Brakes 850g (Wheat), Mandarin Orange Segment Apple Juice 840g, Margarine Dawn Phase 250g, Mix Madeira Genoese Middleton 12.5KG (Eggs, Milk, Soybeans, Wheat), Cocoa Powder Red/Fat Fresher 500g														

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