











































ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
CPUH BROWN RICE														
Ingredients: Lid Foil Good2Go, Foil Deep Good2Go, Water Cold 1L, Bay Leaves Brakes 50g, Rice Long Grain Brown Veetee 5KG														















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JACKET POTATO WITH BAKED BEANS PRIMARY														
Ingredients: Potato Baking 80s 15KG, Beans Baked NAS Vegan Heinz 2.62KG														

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CPUH 3 BEAN CHILLI		MC Wheat												
Ingredients: Beans Kidney Red In Water 2.5KG, Lid Foil Good2Go, Foil Deep Good2Go, Salad Five Bean St Nicholas 800g, Tomatoes Chopped Canned Riverdene 2.5KG, Paste Tomato 800g, Oil Rapeseed Extended Life B/B 20L, Veg Onion Diced Brake 1.5KG, Spice Chilli Powder Hot Brakes 500g, Spices Cumin Ground Brakes 450g, Coriander Ground Brakes 450g														
May Contain Wheat														

Allergy Advice:















- Ingredients highlighted in bold or annotated with ✓ are allergens that are present in this product
- **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food
- Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen

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CPUH CHICKEN MAKHANI CURRY		MC Wheat					✓		✓					

Ingredients: Spice Cinnamon Ground Brakes 450g, Lid Foil Good2Go, Chicken Thigh Diced RT 2.5KG, Foil Deep Good2Go, Spice Ginger Ground Brakes 450g, Herb Bunched Coriander BB 100g, Tomatoes Chopped Canned Riverdene 2.5KG, Paste Tomato 800g, Spices Paprika Pepper Brakes 500g, Spices Garam Masala Powder Brakes 450g, Coriander Ground Brakes 450g, Oil Rapeseed Extended Life B/B 20L, Veg Onion Diced Brake 1.5KG, Yoghurt Natural Low Fat Catering 4.6L (**Milk**), Paste Korma Chefs Speciality 1.1KG (**Mustard**)

May Contain Wheat

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Garden Peas														

Ingredients: Peas Value 2.5KG

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