## ALLERGEN CARD

| Recipe | Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  | $4$ | (8) | (2) | (0) | (6) | 8 |  |  | (e) | 8 | 08 | 888 | 28 | (30) |
|  | ceeny |  | Crstacala | Egas | ${ }^{\text {Fsish }}$ | Lup | mik | Moluss | Msstard | Peants | Nuts fim | Sesame | Sopeans | (sin |
| Roast potates Pril |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


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|  |  | 4 | $\%$ | (0) | (6) | 8 | C3 | (1) | ? | 8 | 08 | 888 | \% | (30.4 |
|  | cleer |  | Custaceans | ${ }_{\text {Eas }}$ | ${ }^{\text {Fish }}$ | Lup | mik | Moluss | Mustard | Peants | Mulstom Trees | Sseane | Soybeans |  |
| Crva seasonal fuit |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Ingredients: Orange Small 15KG, Apple Red Premium 18KG, Loose Bananas 18.14kg


Ingredients: Potatoes Sweet 6KG, Breadcrumbs Natural 3.5KG (Wheat), Stuffing Sage Onion Brakes 3.5KG (Wheat), Bouillion Powder Veg Knorr Essential 3KG, VegetableBouillon Powder Chefs Pass 800g, Garlic Greens Chopped 250g, Herb Parsley Premium 100g, Chick Peas 2.5KG, Water Cold 1L, Carrot Catering 12.5KG, Onion Pk 25KG, Oil Rapeseed Extended Life B/B 20L

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- Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is $\mathbf{1 0 0 \%}$ free from a specific allergen


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|  |  | $38$ |  | (0) | 68 | ${ }^{-}$ |  |  | e | 80 | $09$ | 88 | ${ }^{\circ}$ | $\mathrm{SO}_{2}{ }^{2}$ |
|  | Celery | Cereals With Gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Nuts from Trees | Sesame | Soybeans | Sulphur DO2/Sulphites |
| Gravy | mc | $\checkmark$ Barley <br> $\sqrt{ }$ Wheat |  | MC |  |  | MC |  | MC |  |  |  | mc |  |

Ingredients: Water Cold 1L, Mix Gravy 110L Knorr 6.05KG (Barley, Wheat)
May Contain Celery,Eggs,Milk,Mustard,Soybeans

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|  |  |  |  | (1) | -6 | 3 |  |  | $0$ | 80 |  | 88 |  | $\mathrm{SO}_{2}$ |
|  | Celery | Cereals With <br> Gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Nuts from Trees | Sesame | Soybeans | Sulphur D02/Sulphites |
| Roast Beef |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ingredients: Lid Foil Good2Go, Foil Deep Good2Go, Water Cold 1L, Beef Sliced 100\% Tray 3KG |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


| Recipe |  |  |  |  |  |  |  | rgens |  |  |  |  |  |  |
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|  |  | 3 |  |  |  |  |  |  |  |  |  | 88 |  | $\mathrm{SO}_{2}$ |
|  | Celery | Cereals With Gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Nuts from Trees | Sesame | Soybeans | Sulphur D02/Sulphites |
| YOGHURT |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Ingredients: Yoghurt Strawberry Low Fat Bulk 4.6L (Milk), Pot Graze Revive Med 300ml, Lid Graze Revive 300-425 M-XI |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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|  |  | $8$ |  | (1) | $\bigcirc 6$ | 5 |  |  |  | 80 |  | 888 | ${ }^{\circ}$ | ( $\mathrm{SO}_{2}$ |
|  | Celery | Cereals With Gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Moluscs | Mustard | Peanuts | Nuts from Trees | Sesame | Soybeans | Sulphur D02/Sulphites |
| CYG Summer Fruit Muffin |  | $\sqrt{ }$ Wheat |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |


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|  |  |  |  | (0) | $\cdots$ | c) |  | (IID |  | 80 |  | 88 | Cob | $\mathrm{SO}_{2}$ |
|  | Celery | Cereals With <br> Gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Nuts from Trees | Sesame | Soybeans | Sulphur D02/Sulphites |
| CPUD COUNTRY VEGETABLES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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