

# ALLERGEN CARD

Recipe	Allergens													
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Mashed Potato	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Ingredients: Potato Mashed De Lux 2.5KG N, Foil Deep Good2go 9x9, Lid Foil Good2go J00934/J00935 9x9														
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Lentil Roast	✗	✗	✗	✔	✗	✗	✔	✗	✗	✗	✗	✗	✗	✗
Ingredients: Garlic Greens Chopped 250g, Tomato Chopped Caterers Choice 2.55KG, Margarine Premium Baking Kerrymaid 250g, Cheese Cheddar Grated Mild White 1KG ( <b>Milk</b> ), Spices Chillli Mild Powder Brakes 500g, Lentils Red Brakes 3KG, <b>Eggs</b> , Onion Pk 25KG														
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CPUH JACKET WITH TUNA MAYO	✗	✗	✗	✔	✔	✗	✔	✗	✔	✗	✗	✗	✗	✗
Ingredients: Potato Bakers Class Essentials 80s 15KG, Lid Foil Good2go J00934/J00935 9x9, Sauce Mayonnaise Light Brakes 2.2L ( <b>Eggs, Mustard</b> ), Tuna In Brine Skipjack Pouch 3.1KG ( <b>Fish</b> ), Spread Portions Mini Kerrymaid 10g 96s ( <b>Milk</b> ), Foil Deep Good2go 9x9														

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CPUH St CLEMENTS COOKIE	✗	✔ Oats ✔ Wheat	✗	✔	✗	✗	✔	✗	✗	✗	✗	✗	✗	✗
Ingredients: Cookie Oat Raisins Lemon Puck 56g ( <b>Eggs, Milk, Oats, Wheat</b> ), Foil Deep Good2go 9x9, Lid Foil Good2go J00934/J00935 9x9														

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CPUA SEASONAL FRUIT	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Ingredients: Orange Small 15KG, Apple Red Premium 18KG, Banana Fairtrade 17KG														

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CPUH YOGHURT STRAWBERRY	✗	✗	✗	✗	✗	✗	✔	✗	✗	✗	✗	✗	✗	✗
Ingredients: Yoghurt Strawberry Low Fat Bulk 4.6L ( <b>Milk</b> )														

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CPUA Gravy GF	✘	✘	✘	✘	✘	✘	✘	✘	✘	✘	✘	✘	✘	✘
Ingredients: Water Cold 1L, Mix Gravy Granules 80L Meat Knorr 6KG														

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Roast Gammon	✘	✘	✘	✘	✘	✘	✘	✘	✘	✘	✘	✘	✘	✘
Ingredients: Gammon Roast 1x3														

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CPUA MIXED VEGETABLE MEDLEY	✘	✘	✘	✘	✘	✘	✘	✘	✘	✘	✘	✘	✘	✘
Ingredients: Carrots Diced 2.5KG, Veg Peas Garden Catering Pinguin 2.5KG, Sweetcorn Kernals 2.5KG														

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