











































# ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
CPUA MULLER HEALTHY BALANCE IND YOGHURT							✓							
Ingredients: Yoghurt Mixed Healthy Balance 110g ( <b>Milk</b> )														















Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
CPUA Gravy GF														
Ingredients: Water Cold 1L, Mix Gravy Granules 80L Meat Knorr 6KG														















Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
CPUD COUNTRY VEGETABLES														
Ingredients: Veg Country Mix Steam Bagged 600g														















## Allergy Advice:

- Ingredients highlighted in bold or annotated with ✓ are allergens that are present in this product
- **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food
- Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen

# ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
CPUH ROAST GAMMON														
Ingredients: Gammon Joint Rind On Unsmk 2pk 4-4.8KG														















Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Sweet Potato & Chickpea Roast Pri		✓ Wheat												
Ingredients: Potatoes Sweet 6KG, Breadcrumbs Natural 3.5KG ( <b>Wheat</b> ), Stuffing Sage Onion Brakes 3.5KG ( <b>Wheat</b> ), Bouillion Powder Veg Knorr Essential 3KG, Garlic Greens Chopped 250g, Herb Parsley Premium 100g, Chick Peas 2.5KG, Water Cold 1L, Carrot Catering 12.5KG, Onion Pk 25KG, Oil Rapeseed Extended Life B/B 20L														

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
CPUH JACKET WITH COLESLAW & CHEESE				✓			✓							
Ingredients: Potato Baking 80s 15KG, Lid Foil Good2Go, Sauce Mayonnaise Light Heinz 5L ( <b>Eggs</b> ), Coleslaw Prepared 2.5KG, Cheese Cheddar Grated Mild White 1KG ( <b>Milk</b> ), Foil Deep Good2Go, Spread Sunflower Dish Brakes														

## Allergy Advice:

- Ingredients highlighted in bold or annotated with ✓ are allergens that are present in this product
- **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food
- Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen

# ALLERGEN CARD

Recipe	Allergens													
														
Mashed Potato	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Ingredients: Foil Deep Good2Go, Lid Foil Good2Go, Potato Mashed De Lux 2.5KG N														

## Allergy Advice:

- Ingredients highlighted in bold or annotated with ✓ are allergens that are present in this product
- **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food
- Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen